

1036 ROYAL PALM BEACH
BLVD ROYAL PALM BEACH, FL
33411

SEEDS CAFE



Opening Hours
8:00 am - 3:00 pm
(561) 562-9537

BREAKFAST

- 2~2~2**
2 eggs, 2 bacon, 2 sausage served with breakfast potatoes and toast 8

- The Farmhouse**
One biscuit smothered in sausage gravy served with 2 eggs, 2 bacon, 2 sausage and breakfast potatoes 12

- Quiche of the day**
Our from scratch quiche of the day served with breakfast potatoes 8

- Breakfast Quesadilla**
Sausage -or- bacon, cheese, onions and peppers served with salsa and sour cream 10

- BLTE**
Bacon, lettuce, tomato topped with an egg your way served with breakfast potatoes 9

- Brunch Flatbread**
applewood smoked bacon, mozzarella, chives, zesty hollandaise and a cracked egg 12

- The Old English**
2 eggs, bacon, kielbasa sausage, baked beans and toast served with breakfast potatoes 13

- The Portobello Benny**
grilled portobello, sautéed spinach, atop an english muffin, hollandaise served with breakfast potatoes 12

- The Power Wrap**
Egg whites, spinach, fresh basil, mozzarella and a zesty cilantro sauce 10

- Breakfast Burrito**
Eggs, sausage, bacon, onions and peppers with cheese served with breakfast potatoes 9

BIG OL' BISCUITS

- The Chicken BLT**
crispy fried chicken on a hand crafted biscuit piled high with bacon, lettuce, tomato and our zesty mayo 10

- The Mountain Man**
hand crafted biscuit piled high with sausage, egg your way, american cheese smothered in sausage gravy 9

- The Sweet Carolina**
handcrafted french toast biscuit piled high with sweet ham and eggs topped with our maple butter syrup 11

- The Sunday Hangover**
hand crafted biscuit with sausage, ham, bacon, eggs and cheese topped with sausage gravy! 12

- The Lake Side**
hand crafted biscuit piled high with kielbasa sausage, onion, peppers, eggs and cheese 10

- The Cooper**
handcrafted biscuit piled high with fried chicken, eggs and cheese topped with sausage gravy 10

Served with breakfast potatoes

LUNCH



Chef Salad

turkey, ham, bacon, tomato, cucumber, cheddar jack cheese

Southwest Chicken Salad

crispy fried chicken tossed in our sweet and spicy chili sauce, tomato, cucumber, red onion and cheddar jack cheese

Mandarin Walnut Salad

mandarin oranges, walnuts, feta, tomato, kalamata olives, red onion with our asian ginger dressing

The Grilled Chicken Salad

grilled chicken, tomato, red onion, cucumber and cheddar jack cheese

KIDDOS



1~1~1

1 egg, 1 bacon, 1 sausage with toast

Biscuit & Gravy Breakfast

1 biscuit with gravy, 1 egg, 1 bacon

Chicken Tenders

served with fries

Grilled Cheese

served with fries

Cheese Quesadilla

served with fries

Zesty Chicken Wrap

crispy fried chicken tossed in our signature sweet & spicy sauce with lettuce, tomato, red onion and cheddar jack cheese

Philly Cheese Steak

piled high with onions and peppers on a hoagie with provolone cheese and mayo

The Turkey Club

turkey, bacon, lettuce, tomato on toasted white or marble bread

The Grilled Chicken Wrap

lettuce, tomato, cucumber, red onion, cheddar jack cheese and our zesty ranch

The BLT

piled high with bacon, lettuce, tomato, mayo, on marble or rye toast

Morning Fries

our famous spiral fries smothered with sausage gravy, fried chicken, bacon, cheese and topped with a fried egg

The French Dip

topped with melted provolone, garlic aioli on a hoagie served with au ju

consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness