



# ROYAL PALM BEACH

# Florida



1050 Royal Palm Beach Blvd. - Royal Palm Beach, FL 33411

(561) 790-5100

Spring 2019

## SAVE MONEY ON FLOOD INSURANCE

**On October 1, 2018**, the Village of Royal Palm Beach was accepted into the FEMA Community Rating System (CRS) program with a Class 6 rating. The Class 6 rating will allow Village residents who are in the Special Flood Hazard Area (SFHA) to receive a 20% discount on their flood insurance premiums. Residents not in the SFHA who wish to purchase flood insurance can receive a 10% discount. The CRS is a voluntary program for communities participating in the National Flood Insurance Program (NFIP). The CRS offers flood insurance policy premium discounts in communities that develop and execute extra measures beyond minimum floodplain management requirements to provide protection from flooding.

### Know Your Flood Zone

Call the Village of Royal Palm Beach's Engineering Department at (561) 790-5103 for access to FEMA's Flood Insurance Rate Maps (FIRM) for the Village, to learn if a property is in a Special Flood Hazard Area and if it may be affected by local drainage problems. It will also show if the property is in an area that has previously had flooding problems or is located near an area that should be protected because of its natural floodplain functions.

### Know How to Protect Your Property

There are practical and cost effective methods for reducing or eliminating your property's exposure to flooding.

- Electrical panel boxes, A/C condensing units and other appliances should be elevated above ground level.
- Check your building for water entry points such as doors, low windows and dryer vents.
- Dry flood proofing includes sealing or waterproofing with special materials and compounds which provide a chemical or physical barrier against water intrusion during times of flooding.
- Search the Palm Beach County library catalog for "Flood" information. Go to FEMA's website [www.ready.gov/floods](http://www.ready.gov/floods). Village staff is available to provide property protection consultations including site visits and drainage evaluations on your property. Call the Engineering Department at (561) 790-5103 for advice.

### Flood Warning

*Understand* our local alert notification systems and prepare to take actions to protect yourself and your property when flooding is imminent. Residents should be aware that Royal Palm Beach is directed by Palm Beach County Emergency Management Division who advises our community of impending storms and flood threats. For more information about emergency notification, go to the Palm Beach County website at [www.pbcgov.com](http://www.pbcgov.com).

You will be notified of flood watches (when conditions are likely for flooding) and warnings (flooding is imminent) by local television and radio stations. You should also monitor the Weather Channel and have a NOAA weather radio on-hand with extra batteries.

### Stay informed!

Connect with the Village of Royal Palm Beach through **Facebook**(@VillageOfRoyalPalmBeach)and **Twitter** (@\_RoyalPalmBeach).

Go to the Village website at [www.RoyalPalmBeach.com](http://www.RoyalPalmBeach.com) or contact the city at (561) 790-5100 to sign up for CodeRED local emergency alerts.

**Watch live, up-to-the-minute live streaming broadcasts or videos on Channel 18.**

### Build Responsibly

- No construction, including the moving of earth, is allowed in the floodplain without a permit.
- Always check with the Village before you alter, re-grade or bring fill onto your property to make sure you don't cause drainage problems for you or your neighbors.

If you are aware of construction taking place illegally, please call (561) 790-5128.

### Purchase a Flood Insurance Policy Today!

You need to know that you can take steps to protect your financial security before disaster strikes. However, many residents and businesses are unaware that they qualify for flood insurance or that policies are more affordable than they may think.



**Your Mayor and Council**  
Councilman Richard Valuntas, Councilwoman Selena Samios,  
Mayor Fred Pinto, Vice Mayor Jan Rodusky and  
Councilman Jeff Hmara

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The following are important facts and figures for residents so that they better understand the risk of flooding, its impact and how flood insurance can help reduce the financial impact of flooding. There is usually a 30-day waiting period for flood insurance to take effect. More than 20 percent of all flood claims are for properties located outside of high-risk flood areas. Federal disaster assistance is usually provided in the form of a loan that must be paid back with interest along with any existing mortgage.

Property owners, renters and business owners in the Village of Royal Palm Beach can purchase flood insurance on their buildings and contents. Call your insurance agent today, go to [www.FloodSmart.gov](http://www.FloodSmart.gov) or call (800) 427-4661 to find an agent and to find out more about protecting your property from rising waters. You should consider the purchase of flood insurance whether your property is in a Special Flood Hazard Area or not. Renters should buy flood insurance for their belongings.

You can call the Village of Royal Palm Beach for flood insurance advice at (561) 790-2612.

### News from Captain Ulrich Naujoks - PBSO

If you own a firearm, please be responsible and do not leave it your vehicle. Firearms should be secured at all times. Since January 1, 2018, there have been twenty three vehicle burglaries in the Village of Royal Palm Beach wherein firearms were stolen. Of those vehicle burglaries, nineteen vehicles were left unlocked with unsecured weapons stolen.

Please help yourself and do what you can to prevent victimization. Prevention is the simplest and most cost-effective way to thwart would-be thieves. As such, I recommend the following:

- Lock your vehicle.
- Take your spare keys with you. Nearly 80% of all vehicles stolen in the Village had keys in them. (They were vehicle burglaries that turned into vehicle thefts when the keys were found)
- Park in well-lighted areas. (Most vehicle thefts and vehicle burglaries occur at night.)
- When possible, park in attended lots. (Burglars and car thieves do not like witnesses.)
- Do not leave your vehicle unattended and running.
- Close all windows.
- Do not leave valuables in plain view.
- Do not leave firearms in vehicle.

- If you have a garage, use it when possible. When you do, lock both the vehicle and the garage.
- Garage door opener - avoid leaving them in your vehicle. If the suspects find one, they may use it to enter your home, even if they return later to do so.

In the event you have the misfortune of becoming the victim of a vehicle burglary:

- Do not touch anything or enter the vehicle.
- Call the Sheriff's Office immediately at (561) 688-3400.
- If the suspect is still there **DO NOT** confront them – **CALL 911.**

When reporting the incident, try to give the communications officer as much information as possible. They will ask you a number of questions. The more information they have, the better our chances of catching the suspect. If a key to your vehicle was taken, contact a locksmith or your vehicle service center immediately. Please note - thieves have stolen keys and have returned to steal the vehicle at a later time.

If you have any questions about this or any other law enforcement matter, please do not hesitate to contact me or my staff at (561) 904-8284. Please remember if you see something, say something. You can report a delayed crime, suspicious person or activity by calling (561) 688-3400. You can also report these incidents on the "See Something" feature of our new app "PBSO" that can be downloaded to your Apple or Android Smart Phone. The app can also be downloaded from [www.pbsoapp.com](http://www.pbsoapp.com).

### Spring Landscaping and Trimming

As we prepare for spring cleaning and Hurricane Season 2019 please be aware of the proper techniques to comply with our newly revised Landscape Code. Available on our Village website are several documents outlining the safe and proper pruning techniques to protect you, your property and your investment in Royal Palm Beach. Begin at [www.royalpalmbeach.com](http://www.royalpalmbeach.com), Click Departments, Click Code Enforcement and then Click Landscaping Ordinance.

Realizing you may still have questions regarding proper maintenance and the revised Landscaping Ordinance please contact Code Enforcement at (561) 790-5138 to speak to an Officer or leave a message or you can email your question to [landscaping@royalpalmbeach.com](mailto:landscaping@royalpalmbeach.com).

**Upcoming workshops** are scheduled to be held at the Village Meeting Hall, April 17th, 10 am-12 pm and 5 pm – 7 pm to provide direct informational opportunities for residents, HOAs, Management Companies and Landscaping Contractors regarding proper techniques and compliance with our revised Landscaping Code. We will be providing notices on the marquee signs and other media and encourage you to contact us directly to be included on our email list.

Let's have a **Green 2019!**

# 2019 SPRING PROGRAMS



## LIL HOOPSTERS BASKETBALL

Time: 2-4 years old: 11:00 am - 11:45 am  
5-7 years old: 10:00 am - 10:45 am

Session I: Saturday, May 11 - June 29  
Session II: Saturday, July 6 - Aug 24  
Fee: R/\$75.00 NR/\$90.00 (8 Weeks)  
Where: Recreation Center

## LIL SLUGGERS BASEBALL

Time: Mascots (2 years): 9:30 am - 10:15 am  
Minors (3 years): 10:30 am - 11:15 am  
Minors (3.5 & 4 years): 11:30 am - 12:15 pm  
Majors (4 & 5 years): 8:30 am - 9:15 am

Session I: Saturday, May 4 - June 22  
Session II: Saturday, July 6 - Aug 24  
Fee: R/\$136.00 NR/\$161.00 (8 Weeks)  
Where: Recreation Center

## YOUTH SPORT PRIMARY PROVIDERS

The Village of Royal Palm Beach recognizes the following community based organizations as primary providers for the administration of youth sports. Please contact the designated primary provider for all registration and program information.

### BASEBALL & SOFTBALL

Royal Palm Beach Youth Baseball, Inc.  
214-0016  
[www.baseballrpb.com](http://www.baseballrpb.com)

### SOCCER

Royal Palm Beach Soccer, Inc.  
324-0708  
[www.rpbstrikers.com](http://www.rpbstrikers.com)

### TACKLE FOOTBALL & FLAG FOOTBALL

Palms West Athletic Association  
201-7799  
[tshq.bluesombrero.com/rpbwildcats](http://tshq.bluesombrero.com/rpbwildcats)

### TRAVEL BASKETBALL

Savon's Academy Stars, Inc.  
215-5958  
[www.savonsacademy.com](http://www.savonsacademy.com)

## RECREATION CENTER HOURS

Office: Monday - Friday 8:00 am - 5:00 pm  
Tuesday - Wednesday until 6:30 pm

Building: Monday - Friday 8:00 am - 9:00 pm  
Saturday 8:00 am - 4:00 pm  
Sunday 8:00 am - 5:00 pm

## RECREATION CENTER

100 Sweet Bay Lane  
Royal Palm Beach, FL 33411  
Phone: (561) 790-5124 Fax: (561) 791-7079

All Facility Rentals: (561) 790-5140  
Commons Park Information: (561) 753-1232  
Park Maintenance Hotline: (561) 284-0017

## CULTURAL CENTER (OPEN AND NEWLY RENOVATED)

151 Civic Center Way  
Royal Palm Beach, FL 33411  
Phone: (561) 790-5149 Fax: (561) 753-1138

## REGISTRATION INFORMATION

RPB Recreation Programs and Activities registration will be accepted at the Recreation Center. Priority registration will be given to Village residents. Most activities have a maximum limit on the number of participants and classes. Activities will often fill prior to the registration deadline so do not delay. All registrations must be made in person during office hours or online. Program registration forms can be found on our website [www.royalpalmbeach.com](http://www.royalpalmbeach.com). **The Parks & Recreation and Cultural Center departments are no longer accepting cash.** Please make payments via check, Discover, Visa, MasterCard or American Express.

## ONLINE REGISTRATION

WebTrac allows households that are already in our registration database to enroll in classes, check on class availability and be added to a waiting list if an activity is full. Call the Recreation Center for password information then go to [www.royalpalmbeach.com](http://www.royalpalmbeach.com).

## LATE REGISTRATION POLICY

Registrations may be accepted after the deadline providing there is space available. Late registrations will not be pro-rated.

## REFUND POLICY

All refund requests must be in writing on the refund request form available at the Recreation Center administrative office. Refunds are subject to approval and include a 20% processing fee. For a complete description of the refund policy, please refer to your registration form or receipt.



# YOUTH & ADULT PROGRAMS

## TINY TOES

Let your little ballerina discover the magical world of dance through music, movement and imagination. Special dance activities are shared by parent and child. Contact instructor regarding required dance attire and performance information.

Ages: 2 - 3 years old (Age 2 by January 1, 2019)  
Session: Tuesday, April 23 - May 28  
(Rehearsal and performance dates: TBA)  
Time: 9:30 am - 10:15 am  
Fee: R/\$100.00 NR/\$120.00 (7 weeks)  
\$40 Additional Performance Fee to Instructor  
Instructor: Miss Charlene at [tinytoesdance@aol.com](mailto:tinytoesdance@aol.com)  
Where: Recreation Center

## DANCING DARLINGS: INTRO TO BALLET

This class combines the best elements of creative movement and gently introduces your little dancer to the basics of classical ballet through the use of music, movement and imagination. Contact instructor regarding required dance attire, proper class placement and performance information.

Ages: 3 - 4 years old (Age 3 by September 1, 2018 or have teacher's approval)  
Session: Tuesday, April 23 - May 28  
(Rehearsal and performance dates: TBA)  
Time: 10:30 am - 11:15 am  
Fee: R/\$100.00 NR/\$120.00 (7 weeks)  
\$40 Additional Performance Fee to Instructor  
Instructor: Miss Charlene at [tinytoesdance@aol.com](mailto:tinytoesdance@aol.com)  
Where: Recreation Center

## BUDDING BALLERINAS: BALLET / TAP

This imaginative dance class focuses on creative movement and mastering basic classical ballet steps and terminology while developing grace, poise and confidence. Tap will be introduced. Contact instructor regarding required dance attire, proper class placement and performance information.

Ages: 4 - 5 years old (Age 4 by September 1, 2018 or have teacher's approval)  
Session: Thursday, April 25 - May 30  
(Rehearsal and performance dates: TBA)  
Time: 3:45 pm - 4:30 pm  
Fee: R/\$100.00 NR/\$120.00 (7 weeks)  
\$40 Additional Performance Fee to Instructor  
Instructor: Miss Charlene  
at [tinytoesdance@aol.com](mailto:tinytoesdance@aol.com)  
Where: Recreation Center

## KINDER DANCE: BALLET/TAP/JAZZ

This combo class for kindergarten age students keeps the young dancers excited and focused as it introduces tap and jazz with a continuing emphasis on classical ballet. Contact instructor regarding required dance attire, proper class placement and performance information.

Ages: 5 - 7 years old (Attending Kindergarten or have teacher's approval)  
Session: Thursday, April 25 - May 30  
(Rehearsal and performance dates: TBA)  
Time: 4:30 pm - 5:45 pm  
\$40 Additional Performance Fee to Instructor  
Fee: R/\$125 NR/\$150 (7 weeks)  
Instructor: Miss Charlene at [tinytoesdance@aol.com](mailto:tinytoesdance@aol.com)  
Where: Recreation Center

## DANCING KIDS

Both classes offer ballet, tap, jazz and acrobatics. Please contact instructor regarding required dance attire, proper class placement and performance information.

**Dancing Kids I:** Gently introduces the dancer to a more formal class setting & encourages the development of basic steps with an emphasis on proper technique.

Ages: 7 - 9 years old  
Session: Wednesday, April 24 - May 29  
(Rehearsal and performance dates: TBA)  
Time: 4:45 pm - 6:00 pm  
Fee: R/\$125.00 NR/\$150.00 (7 Weeks)  
\$50 Additional Performance Fee to Instructor  
Instructor: Miss Charlene at [tinytoesdance@aol.com](mailto:tinytoesdance@aol.com)  
Where: Recreation Center

**Dancing Kids II:** For the more serious-minded student wanting to commit to a two day a week class. Teacher approval is required.

Ages: 7 - 9 years old  
Session: Monday and Wednesday  
April 22 - May 29  
(Rehearsal and performance dates: TBA)  
Time: Mondays, 4:00 pm - 5:15 pm and  
Wednesday, 3:30 pm - 4:45 pm  
Fee: R/\$265.00 NR/\$290.00 (7 Weeks/14 Classes)  
\$50 Additional Performance Fee to Instructor  
Instructor: Miss Charlene at [tinytoesdance@aol.com](mailto:tinytoesdance@aol.com)  
Where: Recreation Center

School is Out May 28 - August 9 . . .

SEE YOUTH CAMPS ON PAGES 8 - 9 OF THIS BROCHURE!



# PARKS AND RECREATION



## LA PETITE DANCE COMPANY

A 7-week program that meets twice a week for the more serious dancer who has taken at least two years of dance instruction and has mastered the basics of ballet, tap and jazz. Please contact the instructor for class recommendation, proper dance attire and performance information.



**Ages:** 8 - 13 years old  
(With teacher recommendation)

**Session:** April 22 - May 29 (Rehearsal and performance dates: TBA)

**Time:** Monday - 4:00 - 5:15 pm and  
Wednesday - 3:30 pm - 4:45 pm

**Fee:** R/\$265.00 NR/\$290.00 (7 weeks/14 classes)  
\$50 Additional Performance Fee to Instructor

**Instructor:** Miss Charlene at [tinytoesdance@aol.com](mailto:tinytoesdance@aol.com)

**Where:** Recreation Center

## KARATE - AMERICAN GOJU

Karate builds healthy bodies, confidence and personal discipline. Monthly sessions are ongoing throughout the year. Pre-registration is required. Please note additional uniform and equipment fees are required. Contact instructor for more information at (561) 352-9360.



**Level/Ages:** Beginners: Ages 5 - 12 years old  
**Days/Time:** Monday and Wednesday, 6:30 pm -7:30 pm

**Level/Ages:** Advanced: Ages 13 - Adults  
(Instructor approval required)  
**Days/Time:** Monday and Wednesday, 7:30 pm -8:30 pm

**No classes:** March 18 - 22 and May 27

**Fee:** R/\$70.00 NR/\$85.00 per calendar month  
(Fee due one week prior to start date)

**Instructors:** Cathy and Andy Gonzalez

**Where:** Recreation Center

## LINE DANCING **NEW!**

Even those of you with two left feet can learn to line dance in this beginner class! No more "just watching" others or wanting to learn. You can master line dance! Practice all of the basic/popular dances and then you, too, can dance the night away!

**Ages:** Adults, 16 & over  
**Days:** Second and Fourth Wednesday (Monthly)  
**Session:** April 10, April 24, May 8, May 22, June 12 and June 26  
**Time:** 7:30 pm - 8:30 pm  
**Fee:** R/\$40 NR/\$50 (6 classes)  
**Instructor:** Ms. Jacque at (561)798-9257  
**Where:** Recreation Center

## INDOOR PICKLEBALL

**Day:** Monday - Friday  
**Time:** 9:00 am - 1:00 pm  
**When:** Now - May 30  
**Where:** Recreation Center  
**Fees:** \$15 R \$20 NR (One-time fee)

## SUMMER INDOOR PICKLEBALL

**Day:** Thursday (except July 4th)  
**Time:** 6:00 pm - 9:00 pm  
**When:** June 6 - August 8  
**Where:** Recreation Center  
**Fees:** \$15 R \$20 NR (One-time fee)

## SUMMER INDOOR SOCCER

**Day:** Tuesday  
**Time:** 6:00 pm - 9:00 pm  
**When:** June 4 - August 6  
**Where:** Recreation Center  
**Fees:** \$10 R \$15 NR (One-time fee)

## BASS MASTER CLUB

Everyone is welcome to join the fishing club. Boat ownership is not required to join.

**Age:** 16 & Up  
**Session:** 2nd Thursday of the Month  
**Time:** 7:00 pm  
**Where:** Recreation Center



## CRAZY GAMES

Crazy Games is designed for large groups such as day-care centers, schools and day camps. The program encourages children to actively participate in a series of five to seven fitness-oriented games in which they will win points for their team. Activities vary and may include obstacle courses, parachute races, 3-legged races and more.

Groups/Ages: **Day Camps / Day Care Centers / Schools** with children ages 5-13 years old  
 Time & Day: Weekday mornings: One-hour bookings beginning at 9 am, 10 am and 11 am.  
 Note: Seventy-two (72) hours advanced notice and parental permission required for each participant within the group.  
 Fee: \$190/Hour (Up to 40 players)  
 Contact: Coach Molina at 561-386-9703 or [Crazygames2011@hotmail.com](mailto:Crazygames2011@hotmail.com)  
 Where: Katz or Ewing Field

## MATCH TOUGH TENNIS ACADEMY

Match Tough Tennis Academy is now offering tennis programs and lessons for children, youth and adults along with racquet stringing. Contact Coach Daryl Ahrens for more information and ask about Tennis Camp.

Where: Camellia Park  
 Instructor: Daryl Ahrens  
 Contact: (561) 320-SPIN (7746)  
[info@matchtoughacademy.com](mailto:info@matchtoughacademy.com)

## FITNESS CENTER MEMBERSHIP

The Fitness Center is a great place to lose weight and stay in shape at an affordable price.

*\*Must be 16 years of age or older to enter the Fitness Center.*

Membership: Now thru December:	Res	NR
Individual:	\$65.00	\$ 80.00
Family (up to 3 members):	\$90.00	\$110.00
Daily:	\$2.00	\$ 2.00

### Fitness Room Hours

**Monday - Friday:** 8:00 am - 8:45 pm  
**Saturday:** 8:00 am - 3:45 pm  
**Sunday:** 8:00 am - 4:45 pm

## NEW! FITNESS TRAINER

Are you looking for a personal trainer to create and diversify workout routines based on your specific goals? If so, Shannon Burrows, a certified trainer, can help you to attain those workout goals through 30-minute one-on-one training sessions.



Ages: 16 & Up  
 Fees: Based on a 4-Week Program:  
 Meets Once a week: R/\$110 NR/\$135 (4 trainings)  
 Meets Twice a week: R/\$220 NR/\$245 (8 trainings)  
 Three times a week: R/\$350 NR/\$375 (12 trainings)  
 Single Session: R/\$30 NR/\$40 (one training)

Note: In order to participate in personal training sessions, an annual membership to the Fitness Center or payment of a \$2 daily fee is required. See Membership fees above.

## COED TOTAL BODY CONDITIONING

A motivational instructor, who makes exercising fun, will lead you through twenty minutes of aerobics, twenty minutes of upper and lower body strengthening exercise with weights and twenty minutes of ab work with warm-up and cool down stretching. Bring a towel and a bottled water to class. Weights and steps are provided. Great class for beginning exercisers!



Ages: Ages 16 and over  
 Day/Time: Tuesday, 7:15 pm - 8:15 pm **NEW!**  
 Session: April 30 - June 25 (9 weeks)  
 Session: July 2 - August 20 (8 weeks)  
 No class: August 2

Day/Time: Thursday, 7:15 pm - 8:15 pm **NEW!**  
 Session: May 2 - June 27 (9 weeks)  
 Session: July 11 - August 29 (8 weeks)

Day/Time: Saturday, 9:00 am - 10:00 am  
 Session: May 4 - June 29 (9 weeks)  
 Session: July 6 - August 24 (8 weeks)  
 No class: August 31

8-Week Fee: R/\$35 NR/\$45  
 9-Week Fee: R/\$40 NR/\$50

Location: Recreation Center  
 Instructor: Ms. Jacque at (561)798-9257



## NEW! MEDITATION

Learn to reduce stress, anxiety and insomnia through regular meditation practice. This class is for veterans, professionals and all others looking to find their "off switch". Please bring a mat and a blanket.



Day/Time: Friday, 9:30 am - 10:15 am

Session: April 19 - May 24 (6 classes)  
 Mini-Session: May 31 - June 28 (5 classes)(No class:7/5)  
 Session: July 12 - August 16 (6 classes)

Where: Recreation Center

Session Fee: R/\$48 NR/\$58 (6 classes)  
 Mini-Class Fee: R/\$40 NR/\$50 (5 classes)

Instructor: Dave



Are you ready to party yourself into shape? Zumba is an exhilarating, effective, easy to follow, Latin-inspired, calorie-burning, dance class. Pre-register at least one week prior to start date.

Class/Ages: 16 & Up

Day/Time: Tuesday, 7:30 pm - 8:15 pm

Session: April 2 - 23 (No class: 4/30)  
 Session: May 7 - 28  
 Mini-Session: June 4 - 18  
 Session: July 9 - 30 (No class: 7/2)  
 Fee: R/\$25.00 NR/\$30.00 (4 classes/month)  
 Mini-Fee: R/\$18.75 NR/\$23.75 (3 classes)  
 Instructor: Miss Esther at [daesva12@yahoo.com](mailto:daesva12@yahoo.com) or call (561) 201-8544

Location: Recreation Center

## NEW! GET FIT WITH HIIT (High Intensity Interval Training Program)

Are you ready to dig deep? Thirty minutes is all you need to build endurance, strength and muscles with High Intensity Interval Training (HIIT). A certified trainer will provide the equipment and motivational instruction to lead you to a higher level of fitness. Classes are scheduled by the calendar month

Ages: Ages 16 and over

Day/Time: Thursday 8:30 am - 9:00 am

Session: April 4 - April 25  
 Session: May 2 - May 30  
 Fee: R/\$43.00 NR/\$53.00 (per calendar month)

Where: Recreation Center

Instructor: Certified Trainer, Shannon Burrows

Phone: (561) 254-0229

## MORNING AND EVENING YOGA

Reduce stress and promote deep breathing, stretching and strengthening with regular yoga practice. No previous experience is required. Certified instructors will encourage modifications so that everyone is able to participate comfortably. Please bring a mat and towel to class at the Recreation Center.

Days/Time: **Monday, 9:30 am - 10:30 am**

Session: April 15 - May 20 (No class: 5/27) (6 weeks)  
 Mini-Class: June 3 - June 24 (4 weeks)  
 Session: July 8 - August 12 (6 weeks)  
 Fee: R/\$48.00 NR/\$58.00 (6 weeks)  
 Mini-Fee: R/\$32.00 NR/\$42.00 (4 weeks)  
 Instructor: Dave Costen, Jr.

Days/Time: **Monday, 6:00 pm - 7:00 pm**

Session: April 15 - May 20 (No class: 5/27) (6 weeks)  
 Mini-Class: June 3 - June 24 (4 weeks) (No class: July 1)  
 Session: July 8 - August 12 (6 weeks)  
 Fee: R/\$48.00 NR/\$58.00 (6 weeks)  
 Mini-Fee: R/\$32.00 NR/\$42.00 (4 weeks)  
 Instructor: Julie

Days/Time: **Tuesday, 6:30 pm - 7:30 pm New!**

Session: April 16 - May 21 (6 weeks)  
 Mini-Class: May 28 - June 25 (5 weeks)  
 No class: July 2  
 Session: July 9 - August 13 (6 weeks)  
 Fee: R/\$48.00 NR/\$58.00 (6 weeks)  
 Mini-Fee: R/\$40.00 NR/\$50.00 (5 weeks)  
 Instructor: Dave Costen, Jr.

Days/Time: **Wednesday, 9:45 am - 10:45 am**

Session: April 17 - May 22 (6 weeks)  
 Mini-Class: May 29 - June 26 (5 weeks) (No class: July 3)  
 Session: July 10 - August 14 (6 weeks)  
 Fee: R/\$48.00 NR/\$58.00 (6 weeks)  
 Mini-Fee: R/\$40.00 NR/\$50.00 (5 weeks)  
 Instructor: Victoria

Days/Time: **Thursday, 6:30 pm - 7:30 pm New!**

Session: April 18 - May 23 (6 weeks)  
 Mini-Class: May 30 - June 27 (No class: July 4) (5 weeks)  
 Session: July 11 - August 15 (6 weeks)  
 Fee: R/\$48.00 NR/\$58.00 (6 weeks)  
 Mini-Fee: R/\$40.00 NR/\$50.00 (5 weeks)  
 Instructor: Angela



## YOGA IN THE PARK

### On rainy days . . . class moves indoors!

Take your love of yoga outside to the serene and beautiful surroundings of Commons Park! Rain-out location: Indoors at Recreation Center.

Ages: 16 & Up

Days/Time: Wednesday, 8:30 am - 9:15 am  
 April 17 - May 22

Class Break: (No Class: May 23 - October 1)

Session: Class resumes October 2

Fee: R/\$48.00 NR/\$58.00 (6 weeks)

Where: Commons Park (near 3-story building)

Instructor: Victoria



# YOUTH SUMMER CAMPS

## Dates

## Specialty Camps

## (Full-Day) Day Camps

June 3 - 7

Sports Academy  
 Volleyball 9 am - 1 pm (Ages 7-15)  
 Sports Training M 6 pm - 9 pm (Ages 8-17)  
Dance Camps  
 June 3, 5 and 6 (M, W, & TH)  
 TuTus and Tiaras: 9 am - 12 pm (Ages 3 - 5)  
 "Just for Kicks": 1 pm - 4 pm (Ages: 6 - 8)

June 10 - 14

Sports Academy  
 Sports Training M 6 pm - 9 pm (Ages 8-17)  
 Sand Volleyball M/W 5:30 pm - 7:30 pm  
 (Grades 6<sup>th</sup> - 8<sup>th</sup>)

Summer Day Camp  
 Session I: Week 1 of 2  
 7 am - 5:30 pm / 6 pm option with \$1 daily fee  
 (Ages 5 - 13)  
 See next page for camp prices

June 17 - 21

Sports Academy  
 Basketball M-Th 9 am - 2 pm (ages 7-14)  
 Sports Training M 6 pm - 9 pm (Ages 8-17)  
 Sand Volleyball 5:30 pm - 7:30 pm (M,W):  
 (Grades 6<sup>th</sup> - 8<sup>th</sup>)

Summer Day Camp  
 Session I: Week 2 of 2  
 7 am - 5:30 pm / 6 pm option with \$1 daily fee  
 (Ages 5 - 13)  
 See next page for camp prices

June 24 - June 28

Sports Academy  
 Sports Training M 6 pm - 9 pm (Ages 8-17)  
 Sand Volleyball 5:30 pm - 7:30 pm (M,W)  
 (Grades 6<sup>th</sup> - 8<sup>th</sup>)  
Building Up Sports Academy  
 Flag Football 9 am - 12 pm (ages 4-12)

Summer Day Camp  
 Session II: Week 1 of 2  
 7 am - 5:30 pm / 6 pm option with \$1 daily fee  
 (Ages 5 - 13)  
 See next page for camp prices

July 1 - 5  
 [No Camp: 7/4]

Summer Day Camp  
 Session II: Week 2 of 2  
 7 am - 5:30 pm / 6 pm option with \$1 daily fee  
 (Ages 5 - 13)  
 See next page for camp prices

July 8 - 12

Sports Academy  
 Sports Training M 6 pm - 9 pm (Ages 8-17)  
 Sand Volleyball 5:30 pm - 7:30 pm (M,W)  
 (Grades 6<sup>th</sup> - 8<sup>th</sup>)

Summer Day Camp  
 Session III: Week 1 of 2  
 7 am - 5:30 pm / 6 pm option with \$1 daily fee  
 (Ages 5 - 13)  
 See next page for camp prices

July 15 - 19

Sports Academy  
 Sports Training M 6 pm - 9 pm (Ages 8-17)  
 Sand Volleyball 5:30 pm - 7:30 pm (M,W)  
 (Grades 6<sup>th</sup> - 8<sup>th</sup>)  
 Volleyball M-Th 9 am - 2 pm (Ages 7-15)

Summer Day Camp  
 Session III: Week 2 of 2  
 7 am - 5:30 pm / 6 pm option with \$1 daily fee  
 (Ages 5 - 13)  
 See next page for camp prices

July 22 - 26

Building-Up Sports Academy  
 Fishing Camp 9 am - 12 pm  
Sports Academy  
 Basketball M-Th 9 am - 1 pm (Ages 7-14)  
 Sports Training M 6 pm - 9 pm (Ages 8-17)  
 Sand Volleyball 5:30 pm - 7:30 pm (M,W)  
 (Grades 6<sup>th</sup> - 8<sup>th</sup>)

Summer Day Camp  
 Session IV: Week 1 of 2  
 7 am - 5:30 pm / 6 pm option with \$1 daily fee  
 (Ages 5 - 13)  
 See next page for camp prices

July 29 - Aug 2

Sports Academy  
 Basketball M-Th 9 am - 1 pm (Ages 7-14)  
 Sports Training M 6 pm - 9 pm (Ages 8-17)  
 Sand Volleyball 5:30 pm - 7:30 pm (M,W)  
 (Grades 6<sup>th</sup> - 8<sup>th</sup>)

Summer Day Camp  
 Session IV: Week 2 of 2  
 7 am - 5:30 pm / 6 pm option with \$1 daily fee  
 (Ages 5 - 13) / See next page for camp prices

Aug 5 - Aug 9

Crazy Games Camp (Location: TBD)  
 Camp Hours: Monday - Friday, 7:30 am - 6:00 pm (5-6 pm is Aftercare)  
 (Ages: 6 -12) / See next page for camp prices







**DANCE CAMP - TUTUS & TIARAS**

Ages: 3 - 5 years old  
Dates: June 3, 5 & 6  
Camp Hours: 9:00 am - 12:00 pm  
Fee: R/\$105 NR/\$130

**JUST FOR KICKS DANCE CAMP**

Ages: 5 - 8 years old  
Dates: June 3, 5 & 6  
Camp Hours: 1:00 pm - 4:00 pm  
Fee: R/\$105 NR/\$130 (per three dates)

**BUILDING UP SPORTS ACADEMIES**

Age Ranges: 5 - 17 years old  
Fee ranges: R/\$90 - \$110 / NR/\$110 - \$135  
Sports Camps Offered: Sand Volleyball, Indoor Volleyball, Basketball, Fishing, Flag Football, Sports Training and more.



**Summer Day Camp (Full-Day): June 10 - August 2**

Age restriction: Must be at least 5 years old and have completed Kindergarten.  
Fee (2-week Session): R/\$244 NR/\$272 (plus additional one-time registration fee of \$60/summer)  
Day Camp Core Hours: 9:00 am - 5:00 pm  
Early- Care: 7:00 am - 9:00 am (no additional fee)  
After-Care: Available until 5:30 pm (no additional fee)  
Late Pick-up: Additional \$1 due daily: 5:30 pm - 6:00 pm

**Additional Child Discount**

Each additional sibling registered will receive a 10% discount.  
The one-time registration fee of \$60 will still apply.  
Birth certificates must be presented in order to receive sibling discount.

**Crazy Games Day Camp (Full Day): August 5 - 9**

Ages: 6 - 12 years old  
Location: TBD (call 561-790-5124 for additional information)  
Camp Hours: 7:30 am - 5:00 pm  
After-Care\*: 5:00 pm - 6:00 pm  
Fee: R\$190 per week NR/\$215 per week  
After-Care Fee: \$30/week (Pay to camp staff on first day of camp)



# ADULT AND SENIOR PROGRAMS

## SENIOR CORE CONDITIONING

Taught by Certified Personal Trainer & Senior Fitness Specialist NASM, Melissa Cianfrini. Learn how to exercise your core muscle and help your back, joints and posture!

When: Monday or Wednesday  
Fee: R/\$45 NR/\$55  
Ages: 50 and up  
Session I: Mondays: April 1 - May 6  
Session II: Mondays: May 13 - June 24  
Session I: Wednesday's: April 17 - May 22  
Session II: Wednesday's: May 29 - July 3  
Time: 12:00 pm - 1:00 pm  
Instructor: Melissa Cianfrini (561) 329-4197  
Where: Recreation Center

## SENIOR ACTIVITY PROGRAM

Join us for an afternoon of recreational activities including informal games such as Rummikub, Mahjong, Mexican Train, Sequence, Rack-O, Prize Bingo, Pokeno, and Nintendo Wii. Once a month we offer a free movie day. In addition, we have occasional outings, themed parties with entertainment, socials, crafts and presentations.

When: Monday - Friday  
Time: 11:30 am - 3:30 pm  
Fee: Free  
Where: Recreation Center

Come in or call the Recreation Center to learn about joining additional clubs such as Writing, Knitting & Crocheting, Quilting, and Embroidery Clubs! To view upcoming senior events and activities ask for a monthly calendar.

## SENIOR MEAL SITE PROGRAM

Come enjoy a social meal held Monday-Friday by the division of Senior Services (DOSS). Lunch is served mid-afternoon (1:00 pm) at the RPB Recreation Center. Please call (561) 790-5149 for more information and ask to complete the mandatory form to participate. **Volunteers Needed!**

## PARKINSON'S SUPPORT GROUP

Keep on Moving! Join us in light aerobics, elastic stretch bands and some standing and some sitting. Contact Maria Richardson (Certified Instructor) at 941-275-7647

When: Monday and Wednesday,  
10:35 am - 11:35 am  
Session: I: May 13 - June 24  
II: June 26 - August 5  
Fee: R/\$25.00 NR/\$30.00  
Where: Recreation Center

## OIL & ACRYLIC CLASS

Enjoy the pleasure of creating your own painting. In this program, our instructor will lead you through paintings on brush techniques and mixing paints. For supply information, please contact Ana Noble at (561) 433-3019.

When: Mondays  
Ages: 18 and Up  
Session: I: April 1 - May 6  
II: May 13 - June 24  
Time: 1:00 pm - 3:00 pm  
Fee: R/\$25.00 NR/\$30.00  
Instructor: Ana Noble  
Where: Recreation Center



## SENIOR CHAIR YOGA

Taught by Certified Yoga Instructor Janet Becker, the class offers many benefits such as lower blood pressure, flexibility, balance, strengthening muscles and an all-around feeling of well being! Sessions will be ongoing for the six-week series.

When: Wednesday  
Ages: 60 and up  
Session: I: April 3 - May 8  
II: May 15 - June 19  
Time: 3:15 pm to 4:00 pm  
Fee: R/\$48 NR/\$58  
Instructor: Janet Becker  
Where: Recreation Center



## WATERCOLOR CLASS

Create beautiful works of art in watercolors. Our instructor will lead you through the use of painting, mixing, and brush strokes. For more information, please call Jan Levy (561) 791-8524.

When: Tuesday  
Ages: 18 and Up  
Session: I: April 23 - May 28  
II: June 4 - July 9  
Time: 9:30 am to 11:00 am  
Fee: R/\$20 NR/\$25  
Where: Recreation Center



## AARP DRIVING CLASSES

**Are you Age 50 and over** looking to improve your driving skills? This class is offered by AARP. For registration information, please call (561) 790-5149.

When: 1st Monday or Wednesday of each month  
Time: 9:00 am - 3:00 pm  
Where: Recreation Center



# SPECIAL EVENTS

## CULTURAL DIVERSITY DAY

Come join the Caribbean American for Community Involvement (CAFCI) for a day of celebration of all our cultures as it promises to increase our knowledge of others and to share our diverse heritages. Enjoy food, fashion, history, arts, entertainment and more.

When: Saturday, May 11  
 Where: Commons Park  
 Time: 1:00 pm until 7:00 pm  
 Fee: FREE



For additional information, call (561) 753-1232.

**DOUBLE THE FUN MOVIE NIGHT**  
 AND GOURMET TRUCK EXPO  
 5PM-9:30PM

FRIDAY MAR 29TH 7:30pm  
 FRIDAY APR 26TH 7:30pm

11800 POINCIANA BLVD, ROYAL PALM BEACH, FLORIDA 33411  
 FOR MORE INFORMATION VISIT [WWW.ROYALPALMBEACH.COM](http://WWW.ROYALPALMBEACH.COM)  
 Royal Palm Beach Movies are rated G to PG-13 and are subject to change. Snacks will be provided on site. Please bring your own seating!

**SENIOR Expo**

**FREE ADMISSION**

**FRIDAY, JULY 19, 2019**  
 11AM to 1:30PM  
 Royal Palm Beach Cultural Center



Join us for the Senior Expo with Vendors Sharing  
 Wellness Options • Improved Healthcare Options  
 Caregiver Options • Educational Opportunities  
 Travel Information and more!

**FREE RAFFLE GIVEAWAYS AND ENTERTAINMENT**

Vendor Registration Ends: Friday, July 5, 2019  
 Or until full, space is limited.  
 For more information, please call (561)790-5149  
 Royal Palm Beach Cultural Center  
 151 Civic Center Way \* Royal Palm Beach, FL\* 33411



## MEMORIAL DAY OBSERVATION

Come honor our Veterans on Monday, May 28 at 9:00am at Veterans Park. The Memorial Day Observation will be hosted by the American Legion Post 367 and sponsored by the Village of Royal Palm Beach. A flag-raising ceremony will be followed by a motivational presentation. Enjoy free refreshments and a live musical performance.



When: Monday, May 27 - 9 am  
 Where: Veterans Park Amphitheatre  
 Fee: Free

For additional information, call 561-753-1232



Village of Royal Palm Beach  
1050 Royal Palm Beach Blvd.  
Royal Palm Beach, FL 33411

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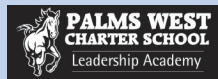
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# ROYAL PALM BEACH COMMONS Park

[www.royalpalmbeach.com](http://www.royalpalmbeach.com)

**POTTIC Events**  
Event Production & Management



## SOLID WASTE AUTHORITY

*Do you have these items just sitting around getting in your way?  
Did you know that the following items can be discarded at the Solid Waste Authority?*

Antifreeze | Used Motor Oil & Filters

Automobile and

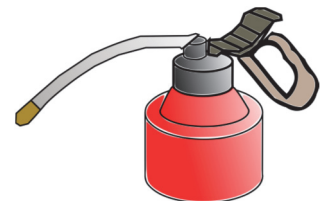
Rechargeable Batteries

Fluorescent Bulbs | Propane Tanks | Electronics

561- 697-2700

Hours of Operation: Monday – Friday 7:00 am – 5:00 pm

Saturday 7:00 am – 3:00 pm



## ONLY STORM WATER DOWN THE DRAIN

Please keep in mind that it is everyone's responsibility to insure that our waterways are kept clean. Oils and other substances should never be put down a storm drain. If you see anyone improperly disposing of waste into the storm drain system or any other illicit discharge, please call:

Public Works (561) 790-5122.



If you are experiencing a sewer or water emergency  
contact Palm Beach County Water Utilities at  
561-740-4600

## STREET LIGHT INFORMATION

To report a street light out, flickering or exposed wiring you can contact our Public Works office at **(561) 790-5122**. We will need to know the address that the light is directly in front of or the pole number which is located on the side of the pole.

